



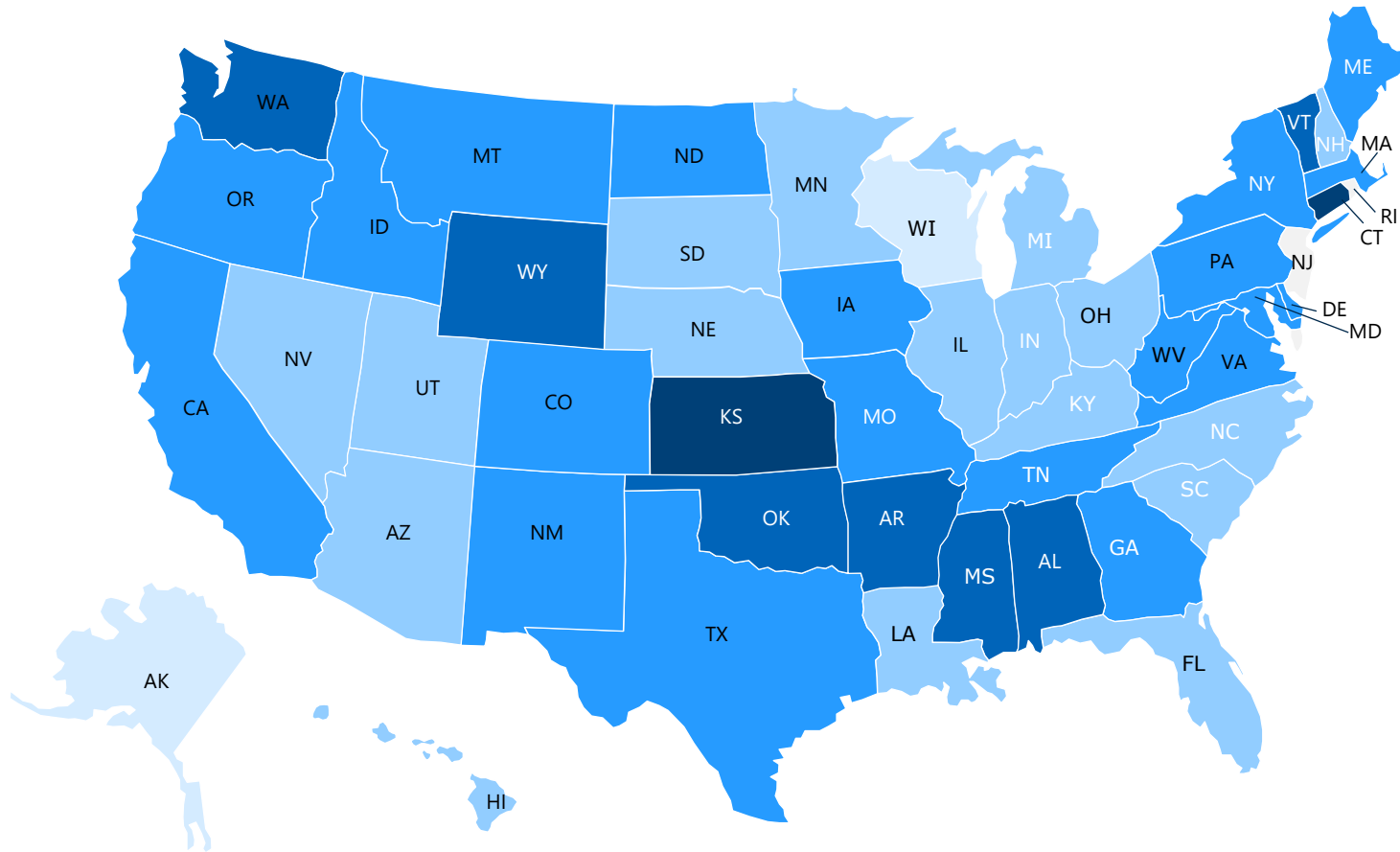
CHARTIS

# Instability Continues to Threaten Rural Health Safety Net

Rural Health Safety Net Indicators and Rural Population Health Domains

February 2025

# Nearly Half of all Rural Hospitals in the Red



Overall, **46%** of America's rural hospitals are operating **in the red**.<sup>\*\*</sup>

In **non-expansion states**, **53%** of rural hospitals are **in the red**.

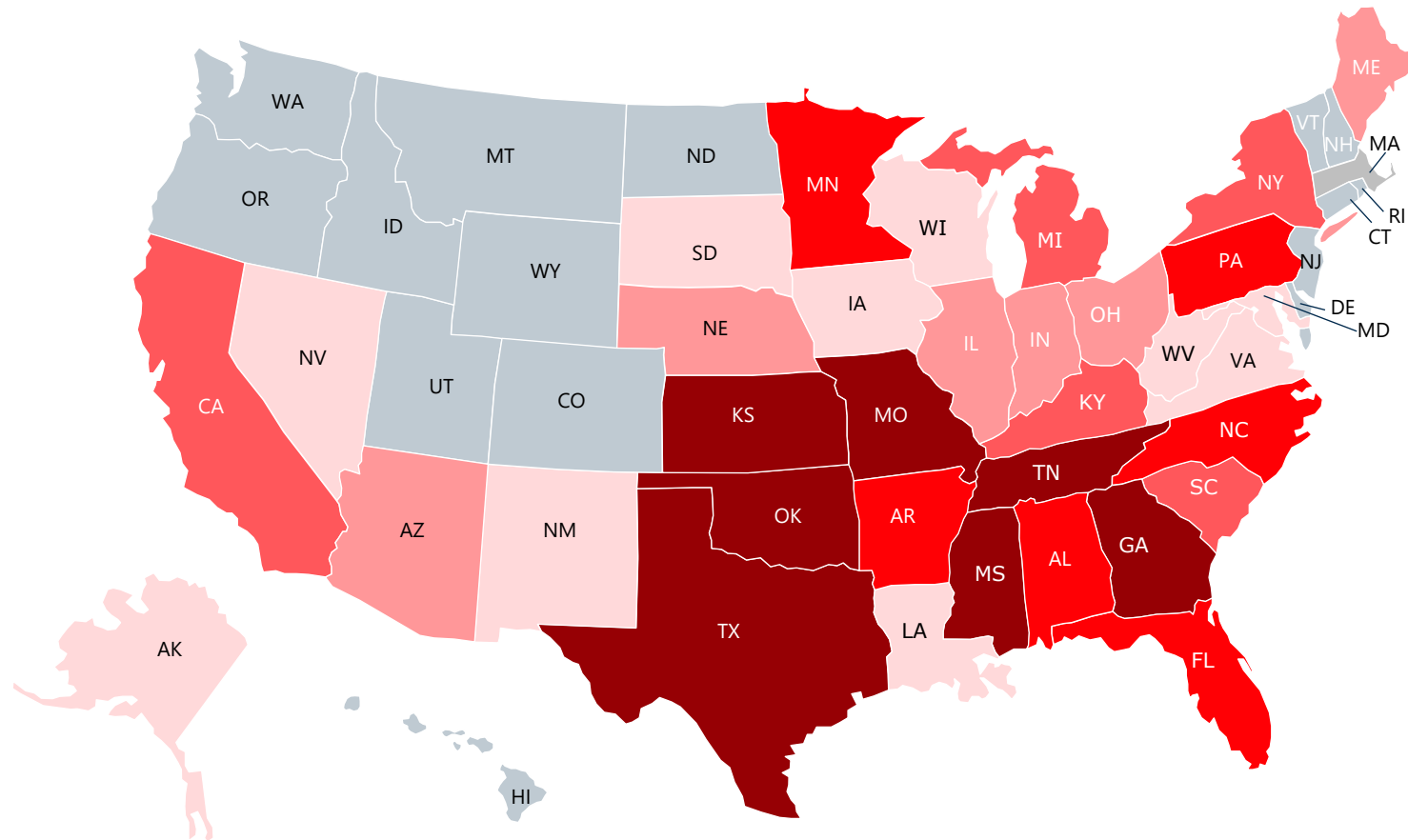
Source: The Chartis Center for Rural Health, December 2024.

<sup>\*\*</sup>CMS Healthcare Cost Report Information System (HCRIS) Q3 2024. Operating margin is computed in accordance with Flex Monitoring Team guidance. Outliers are excluded. Hospitals for which data are unavailable are excluded. Reported Covid-19 PHE Funds (Worksheet G-3 line 24,50) excluded from operating margin. Adjustments made to operating margin to reflect full 2% sequester.

State-level percentage of rural hospitals with negative operating margin.

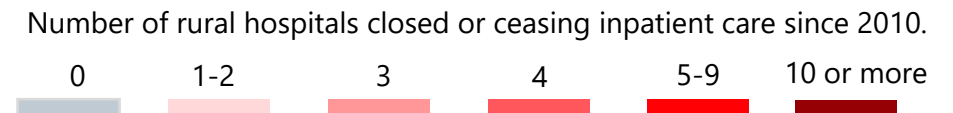


# Vanishing Access to Rural Inpatient Care

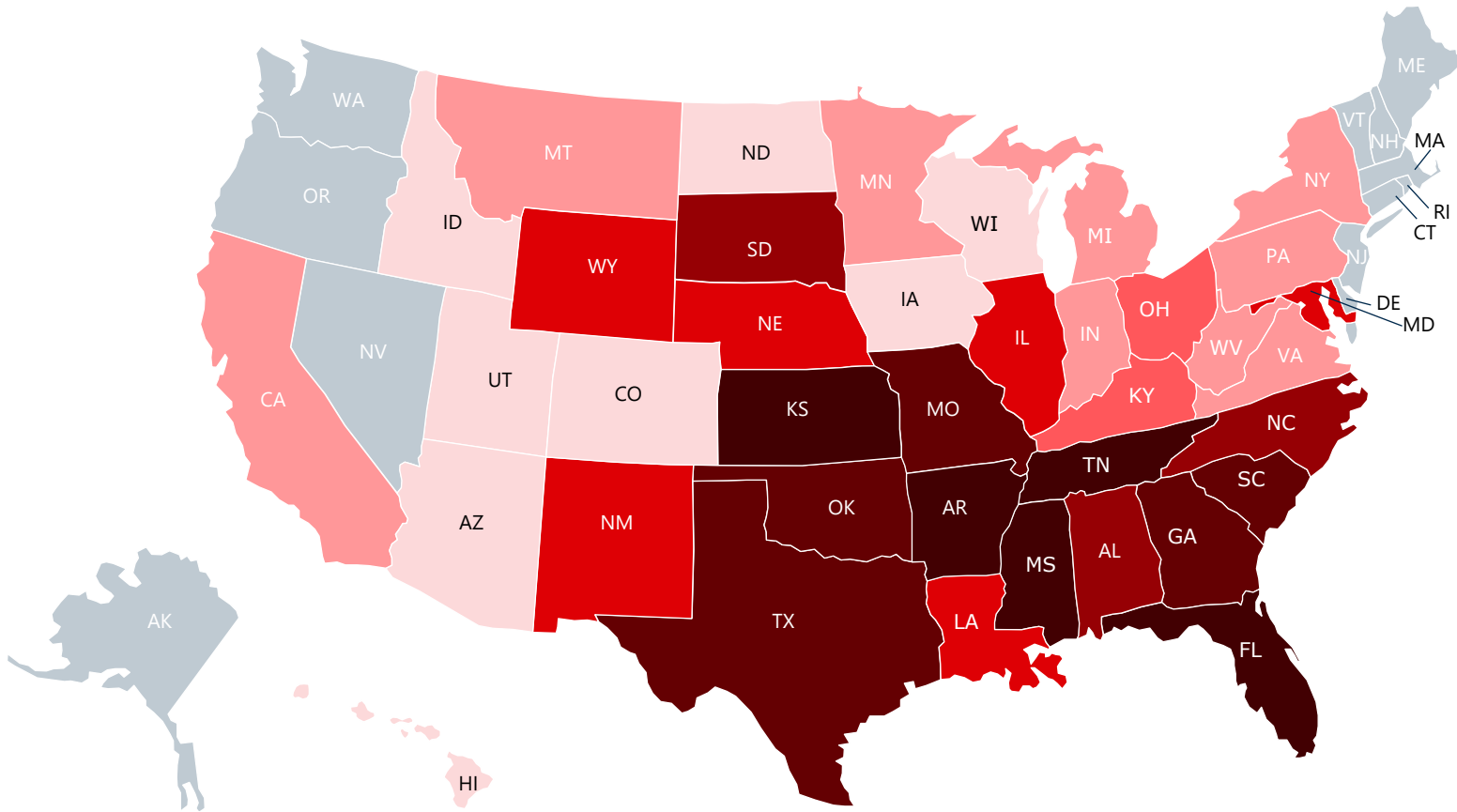


Access to care continues to deteriorate significantly in rural communities.

**188 rural hospitals** have either closed or converted to a model that excludes inpatient care (e.g., REH).



# 432 Rural Hospitals Vulnerable to Closure



**432** rural hospitals across America are **vulnerable to closure**.

Across **15 states**, the **percentage** of rural hospitals **vulnerable to closure is 25% or higher**.

**Non-expansion states** are home to **205** vulnerable rural hospitals.

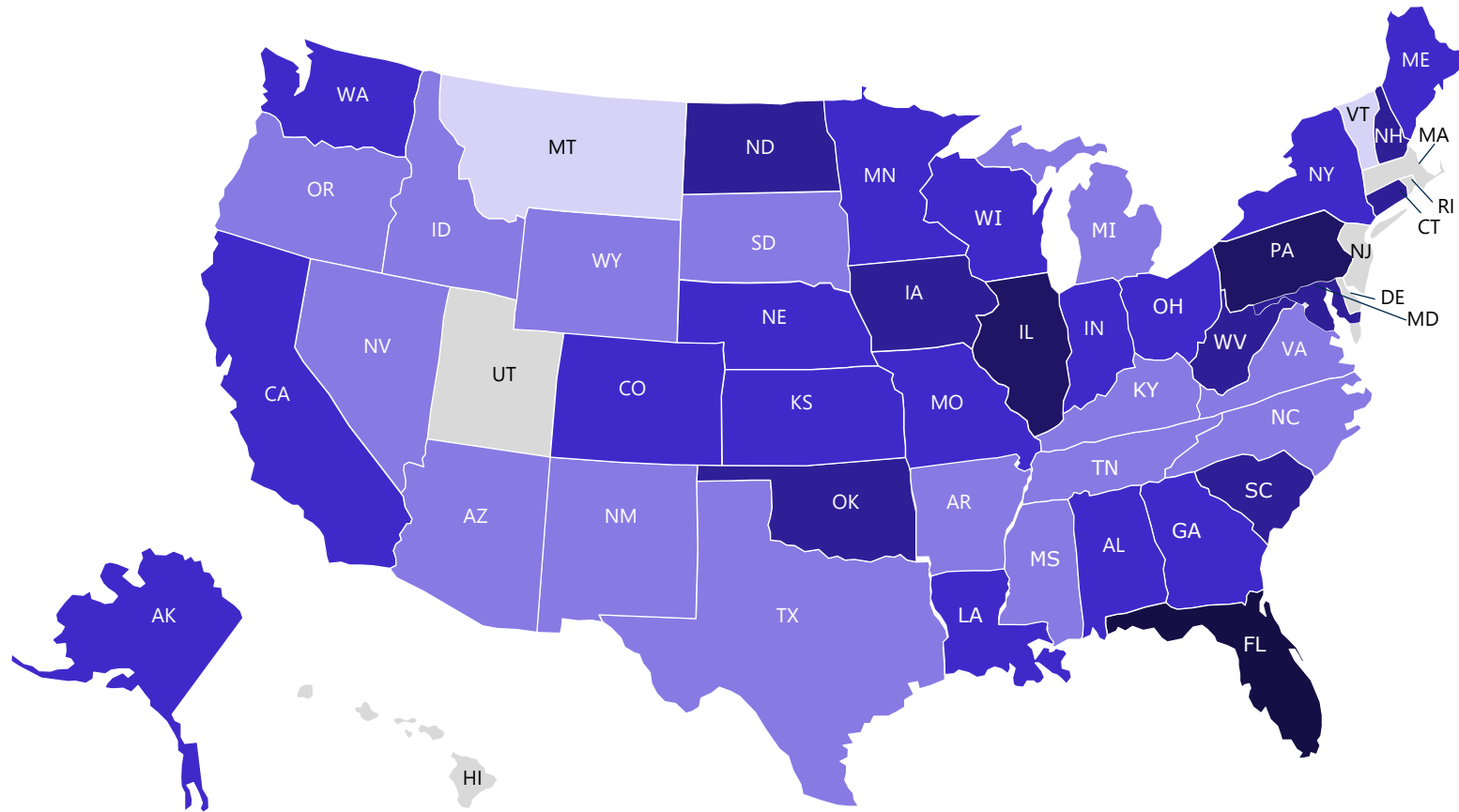
Percentage of State Rural Hospitals Determined to be Vulnerable



# Rural 'Care Deserts'

Dwindling Access to Services

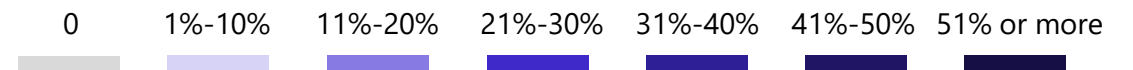
# Diminishing Access to Rural Obstetrics Care



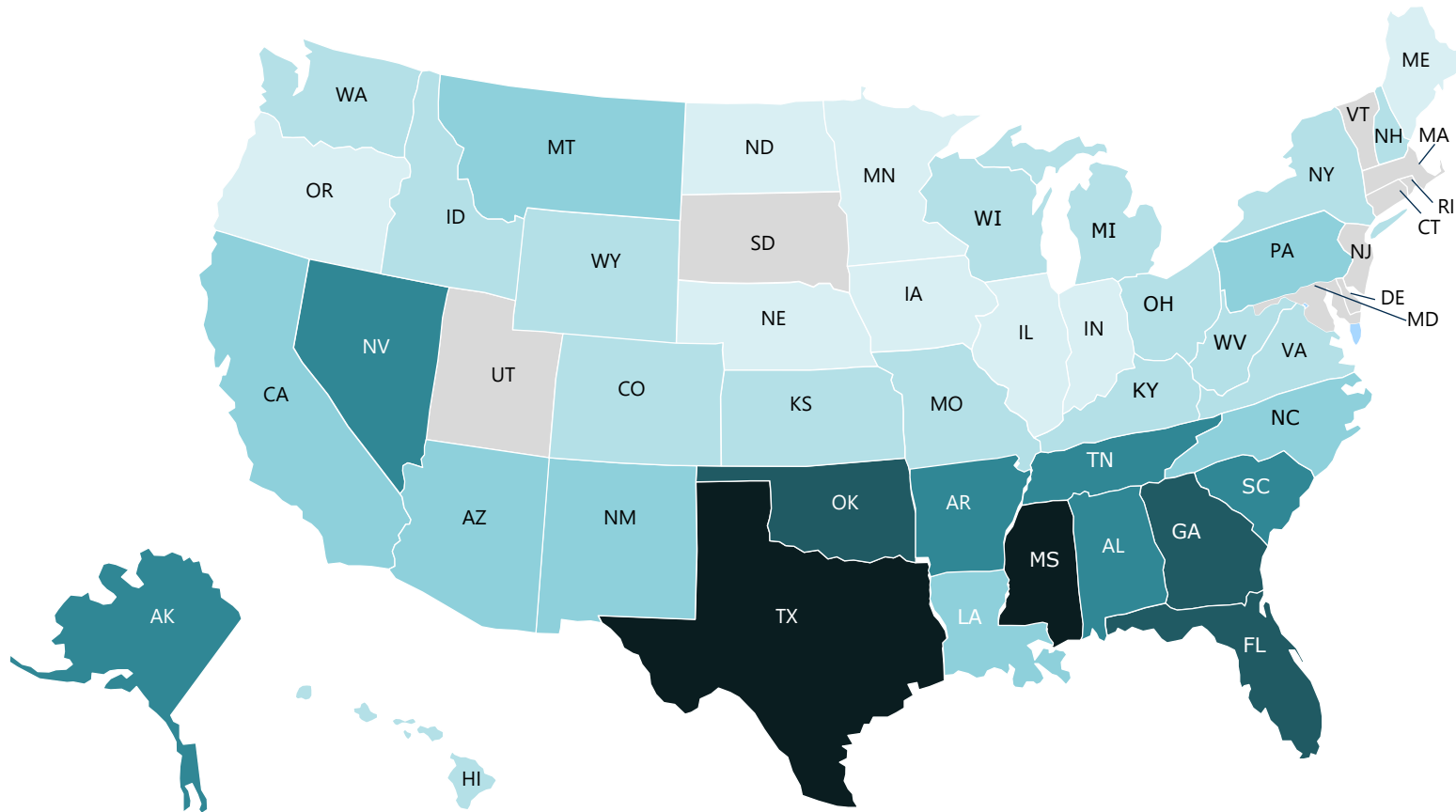
Between 2011 and 2023, **293** rural hospitals ceased to provide OB services.

States such as FL and PA had the highest % of rural hospitals stop offering OB at 57% and 42% respectively.

Percentage of rural hospitals that stopped offering OB between 2011 and 2023.



# Dwindling Access to Chemotherapy in Rural Communities



In Texas and Mississippi, **51%** of rural hospitals in each state offering chemo stopped providing the service.

In Texas, **61** rural hospitals stopped offering chemo during our review period.

Percentage of rural hospitals that stopped offering Chemo between 2014 and 2023.



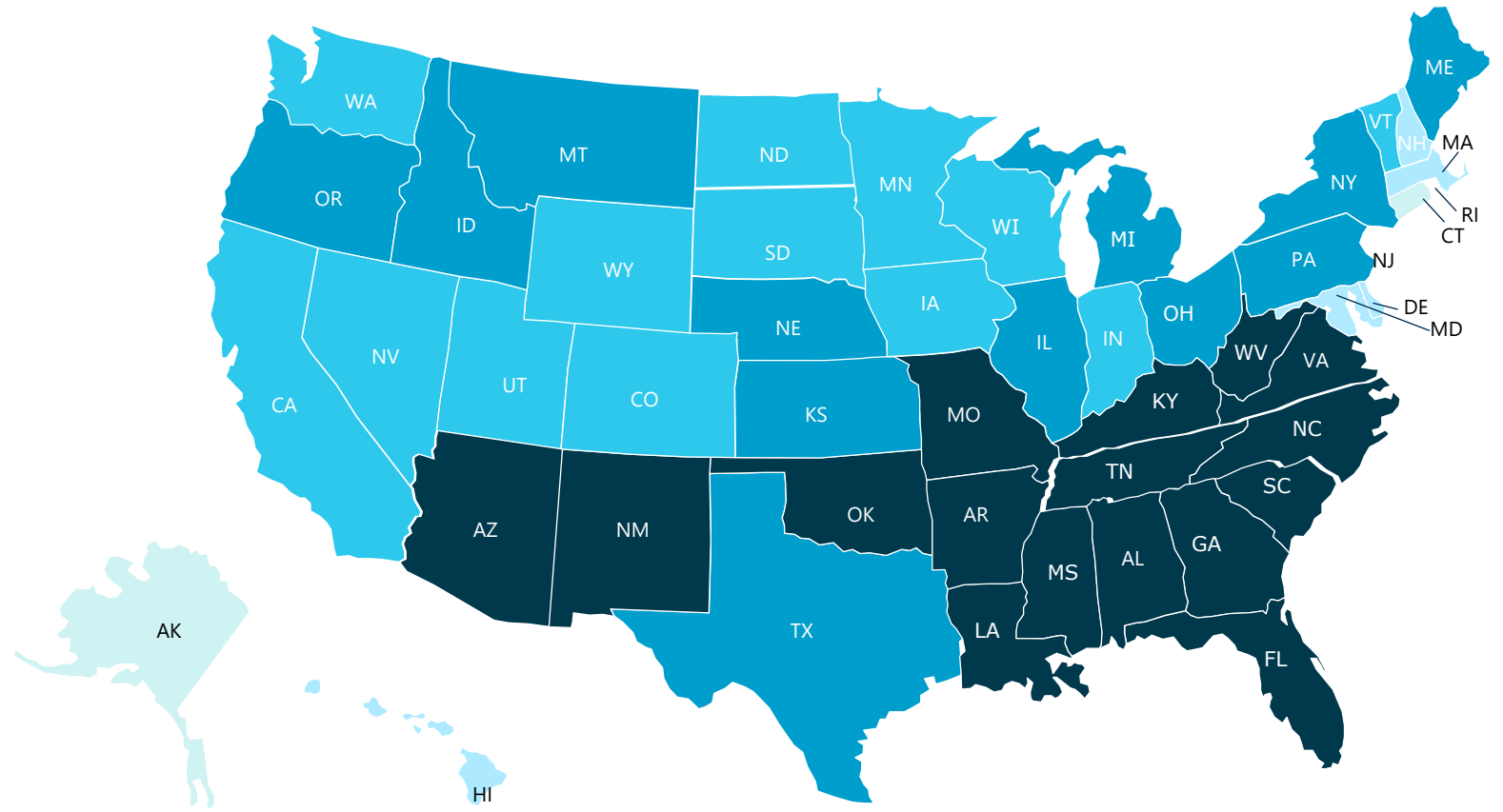
# Rural Population Health in Decline

Understanding Future Needs within Rural Communities



# Where is Median Household Income Lowest in Rural America?

States with the **lowest levels of median household income within rural communities** are Louisiana, Mississippi, West Virginia and Arkansas.

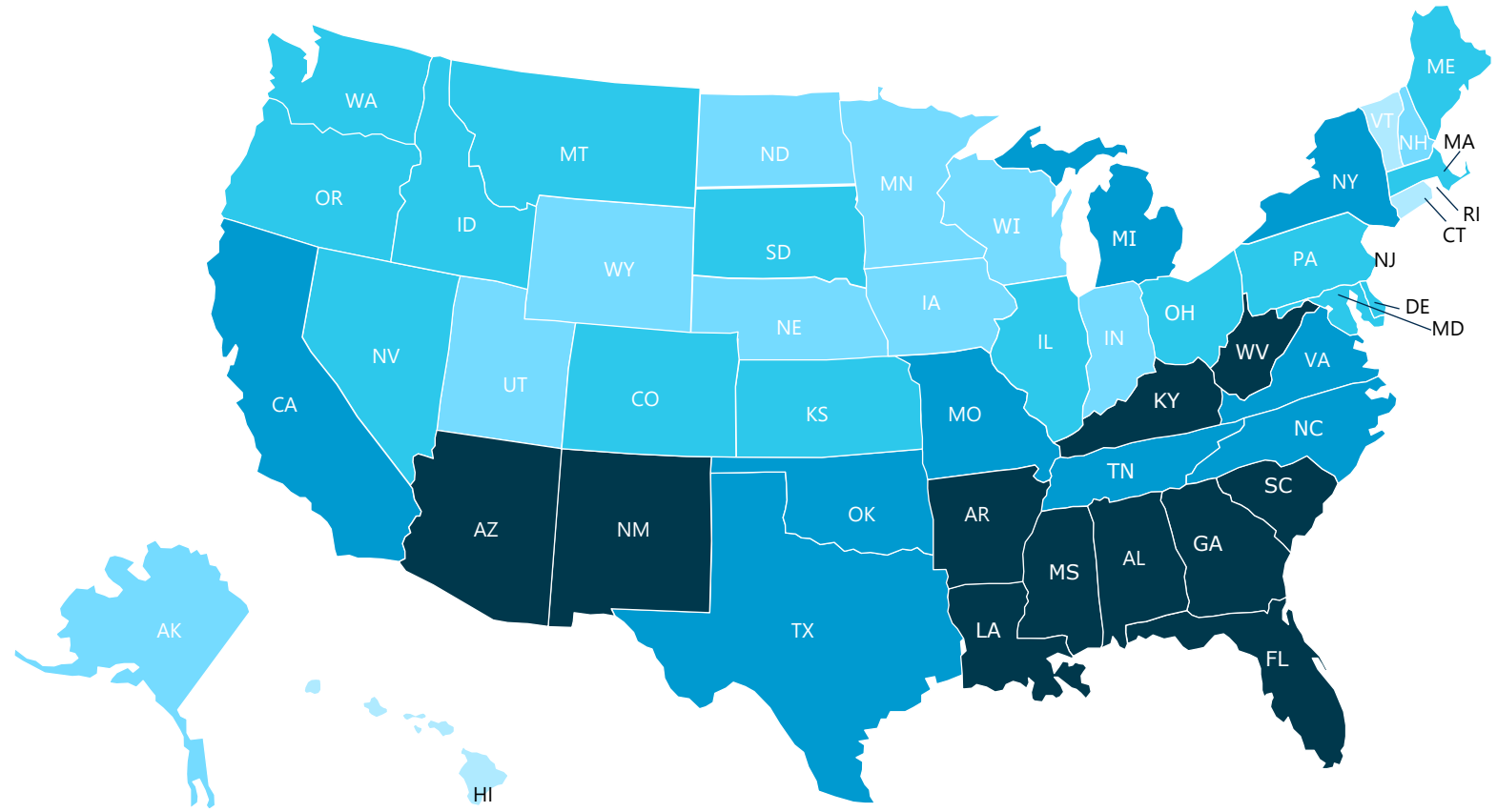


Rural percentile ranking for Median Household Income.

0 1%-19% 20%-39% 40%-59% 60%-79% 80%-100%

# Where are Child Poverty Rates Highest in Rural America?

States with the highest rates of **child poverty within rural communities** are Louisiana, Mississippi, Georgia, Florida and New Mexico.



Rural percentile ranking for Child Poverty.

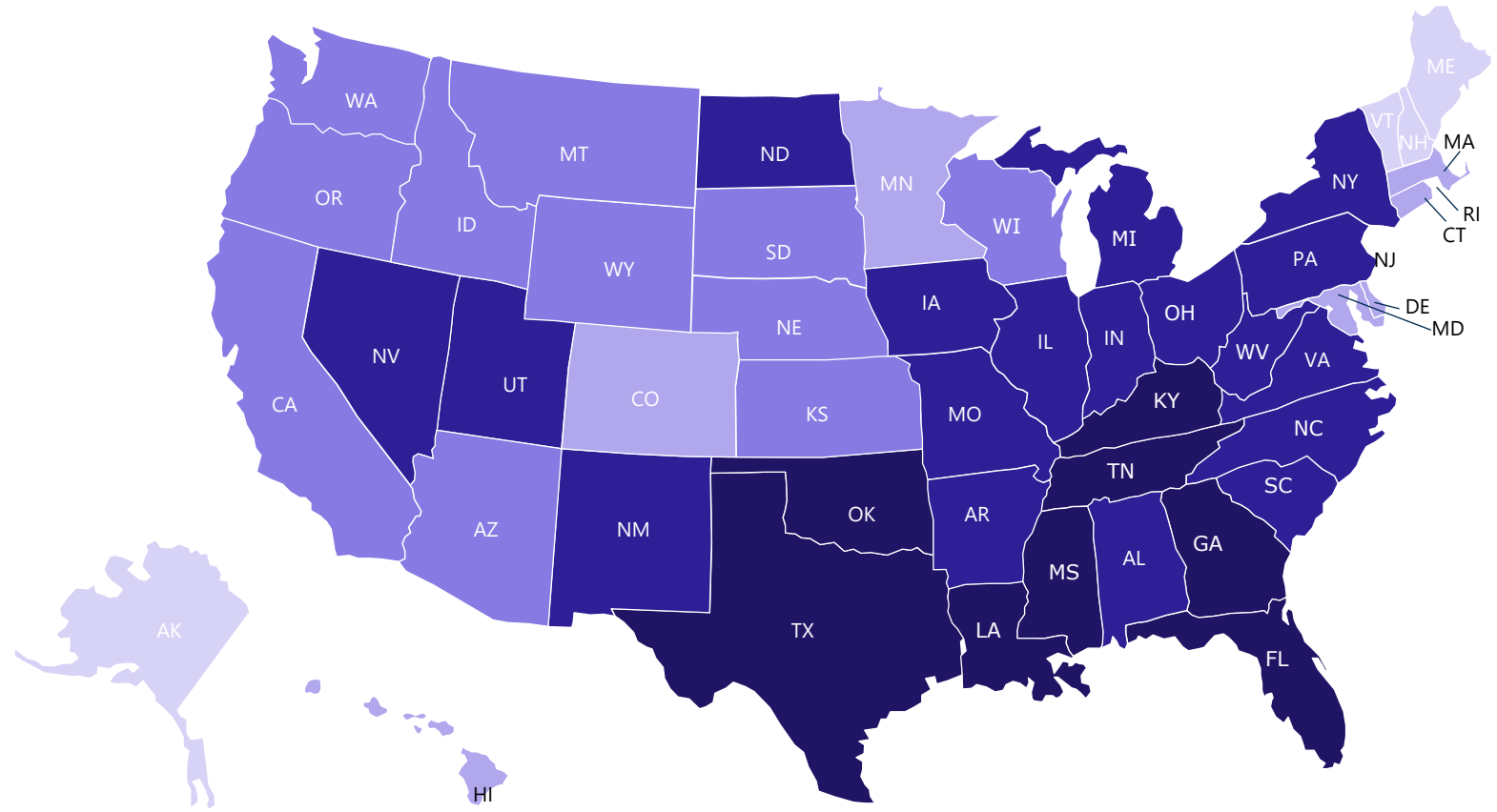
0 1%-19% 20%-39% 40%-59% 60%-79% 80%-100%



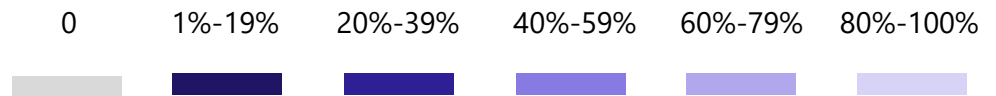
Source: The Chartis Center for Rural Health, October 2024

# Where is Primary Care the Scarcest in Rural America?

**Access to primary care** providers in rural communities is scarcest in Mississippi, Florida, Oklahoma and Tennessee.



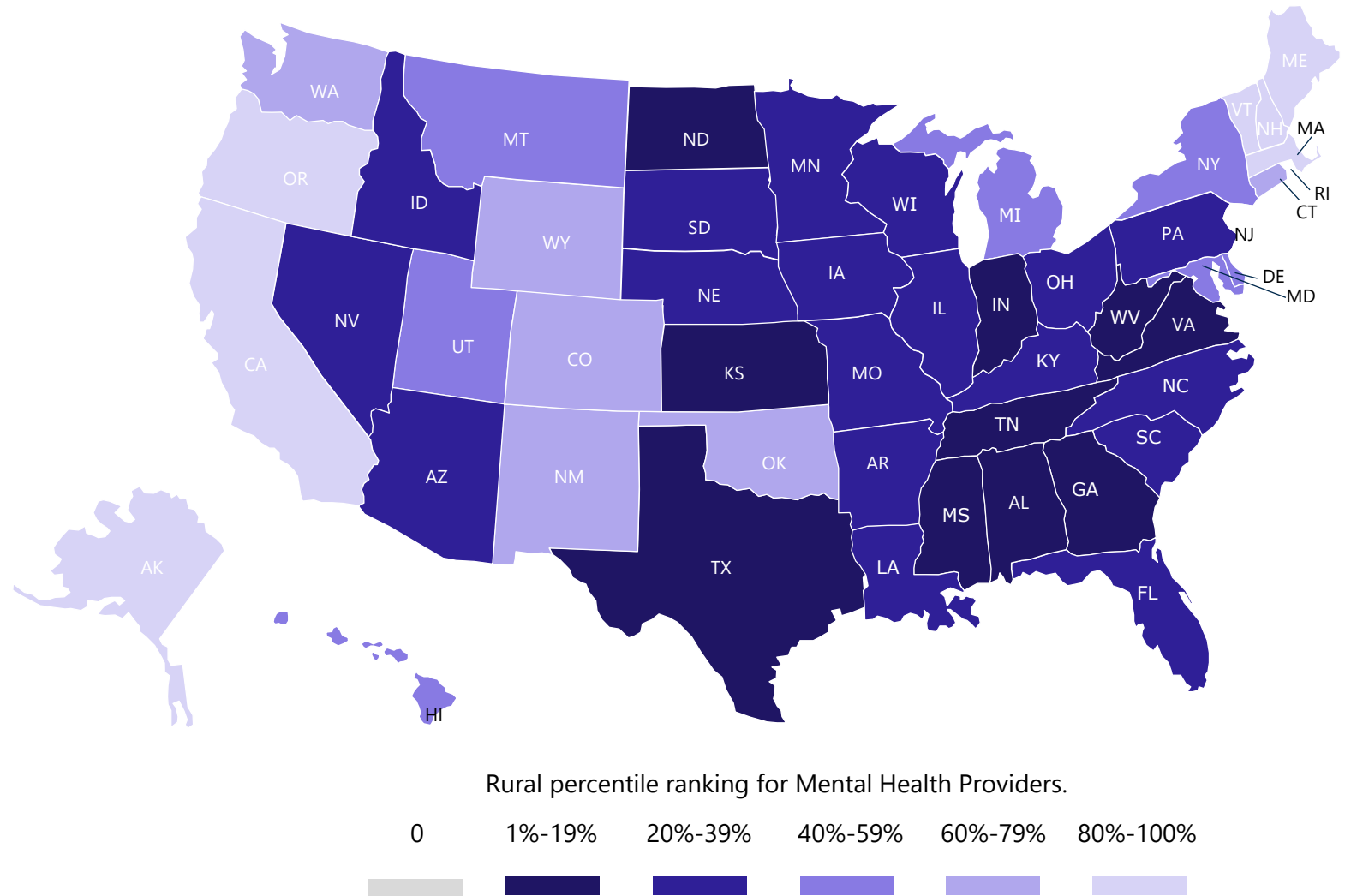
Rural percentile ranking for Primary Care Providers.



Source: The Chartis Center for Rural Health, October 2024

# Where is Behavioral Health Care the Scarcest in Rural America?

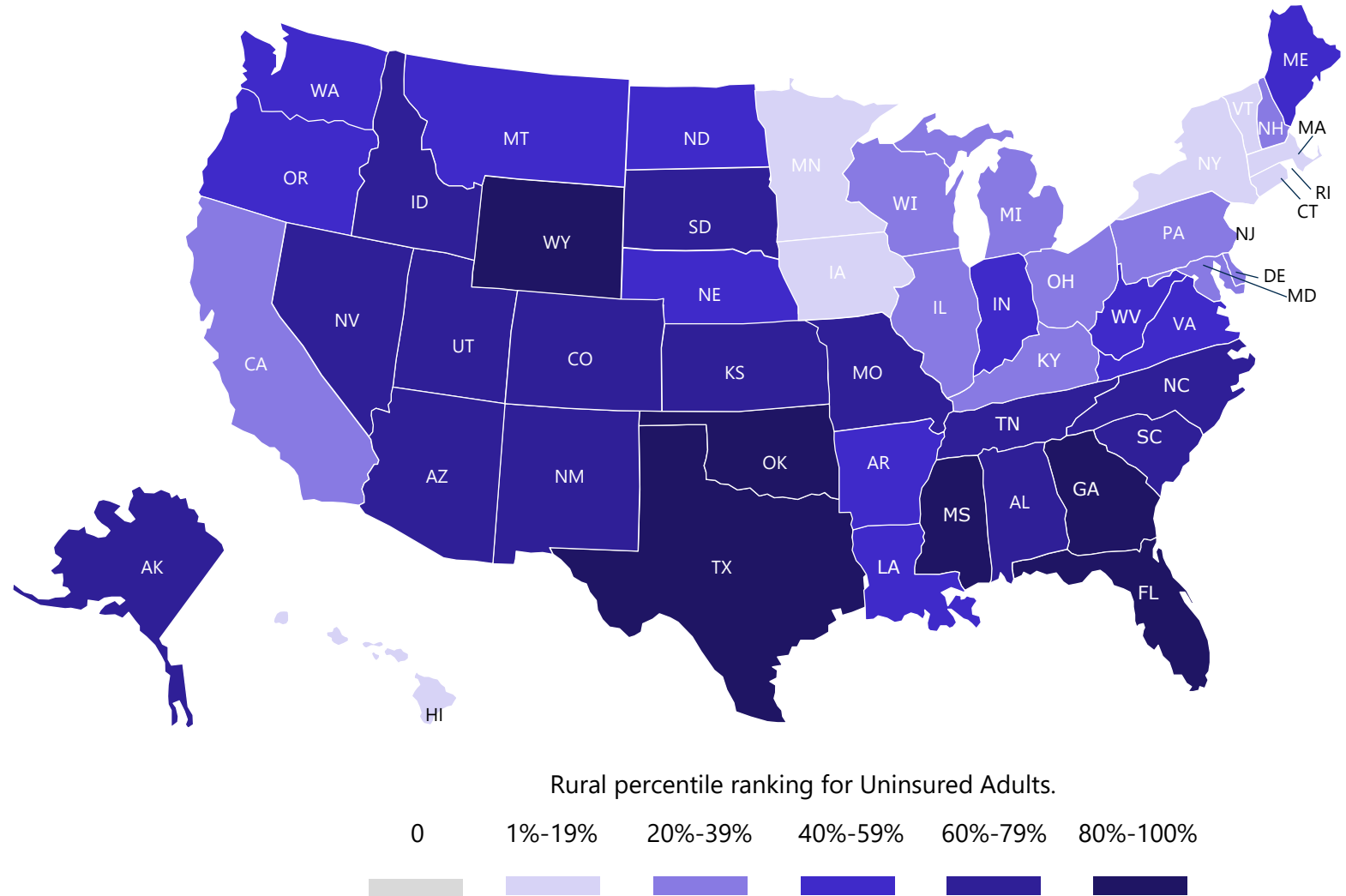
**Access to behavioral health** providers in rural hospital service areas is at its lowest in North Dakota, followed by Georgia, Tennessee, and Texas.



Source: The Chartis Center for Rural Health, October 2024

# Where Do Adult Rural Americans Lack Insurance the Most?

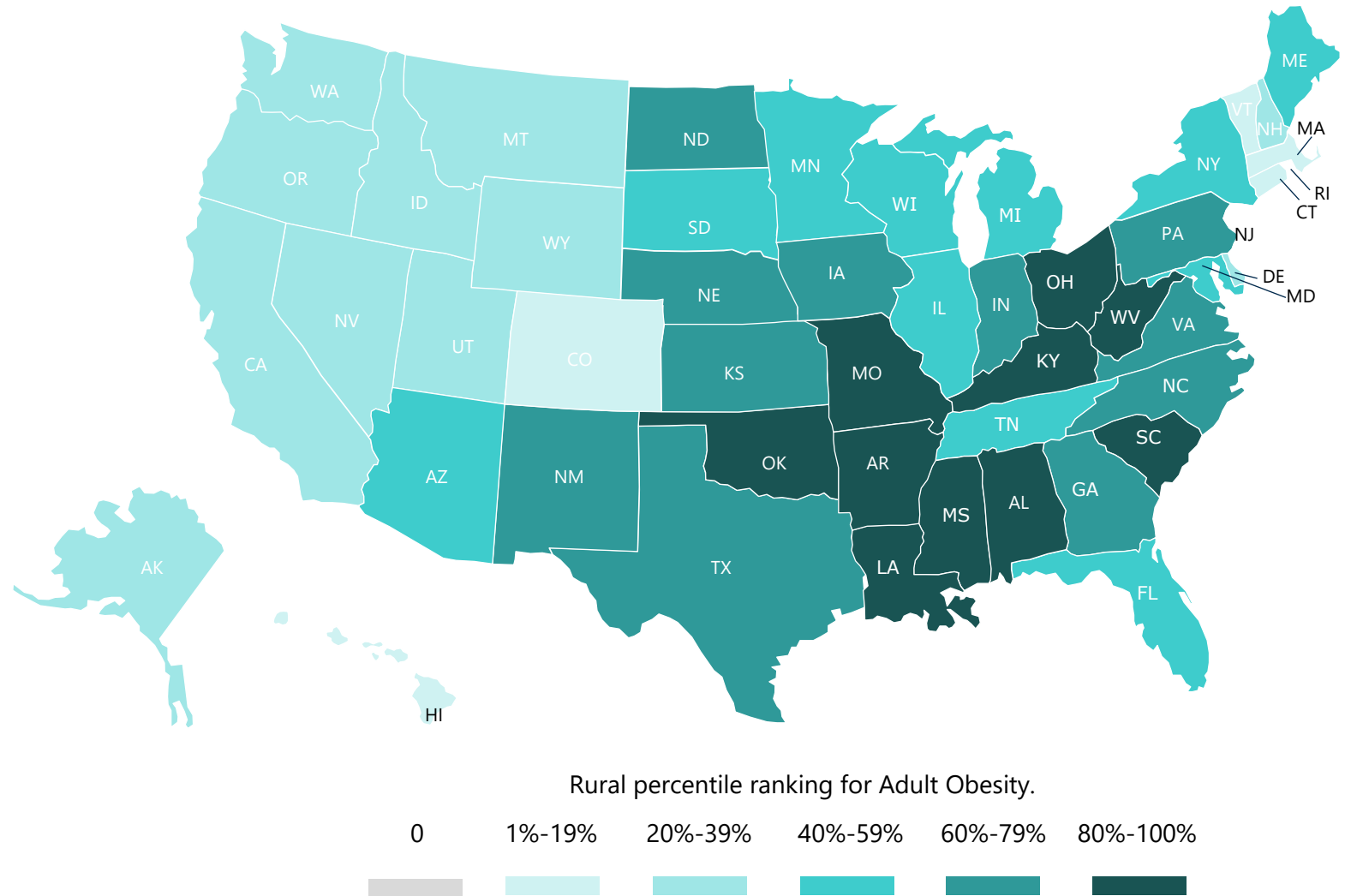
Texas has the **highest percentage of uninsured adults within rural communities**. Following closely are Oklahoma and Georgia.



Source: The Chartis Center for Rural Health, October 2024

# Where is Adult Obesity Most Prevalent in Rural America?

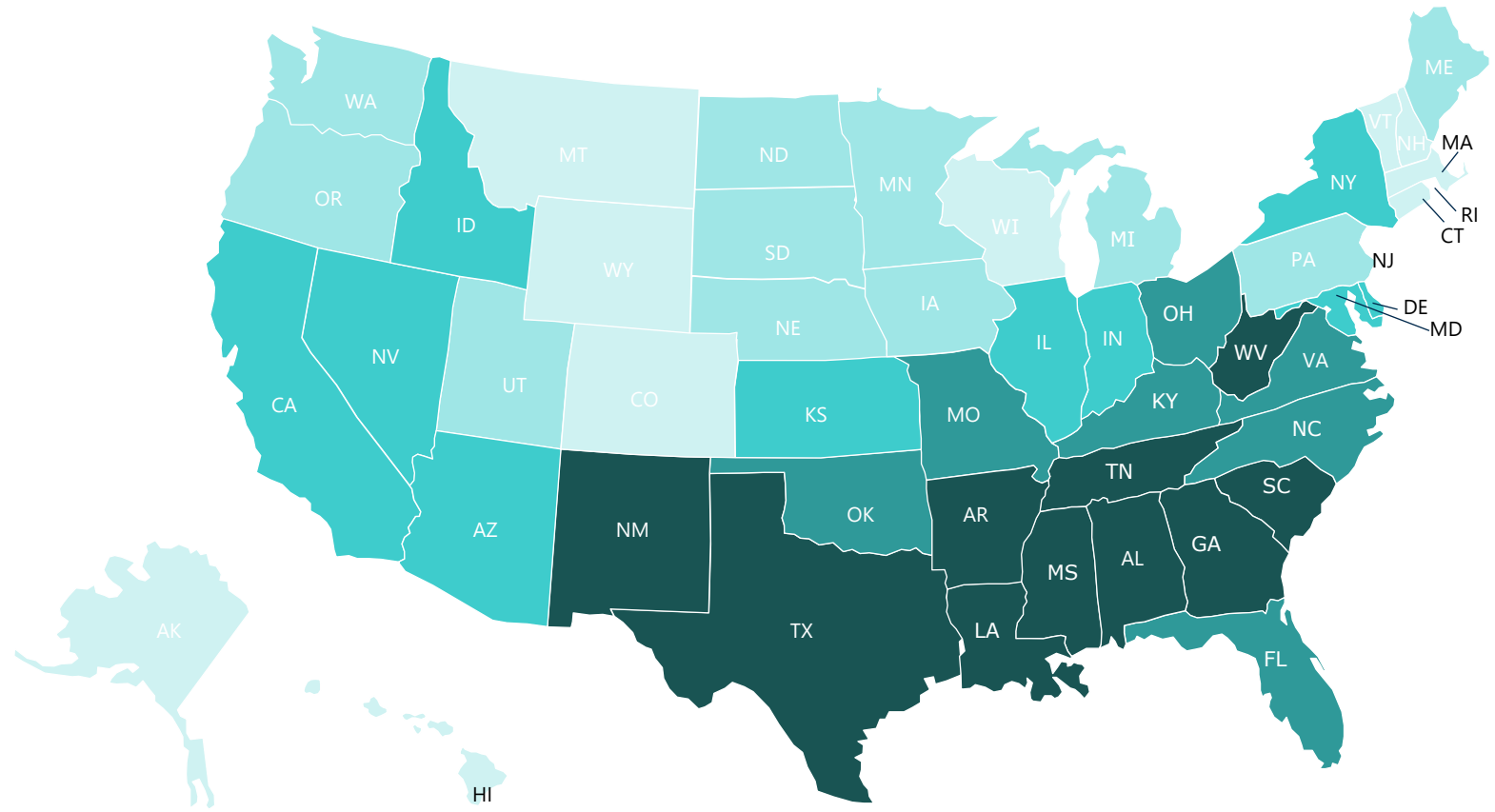
The **highest rates of adult obesity** within rural communities are in the states of Mississippi, Louisiana and Oklahoma.



Source: The Chartis Center for Rural Health, October 2024

# Where is Diabetes Prevalence Highest in Rural America?

The **prevalence of diabetes** within rural communities is highest in Mississippi, South Carolina, Louisiana, and Georgia.



Rural percentile ranking for Diabetes Prevalence.

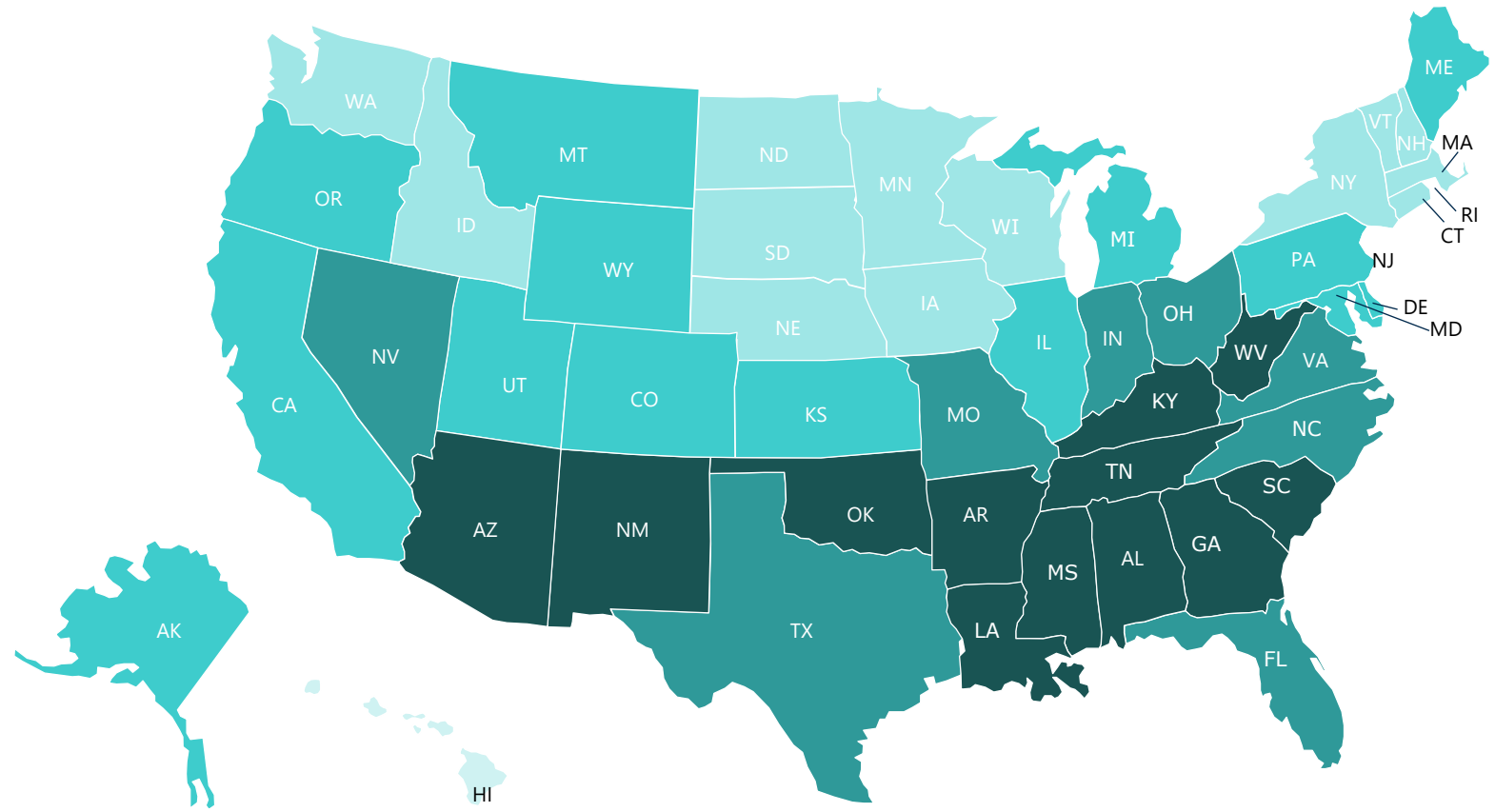
0 1%-19% 20%-39% 40%-59% 60%-79% 80%-100%



Source: The Chartis Center for Rural Health, October 2024

# Where is Premature Death Most Likely in Rural America?

**Premature death** among people living in rural communities is **highest** in South Carolina, Mississippi and Tennessee.



Rural percentile ranking for Premature Death.

0    1%-19%    20%-39%    40%-59%    60%-79%    80%-100%

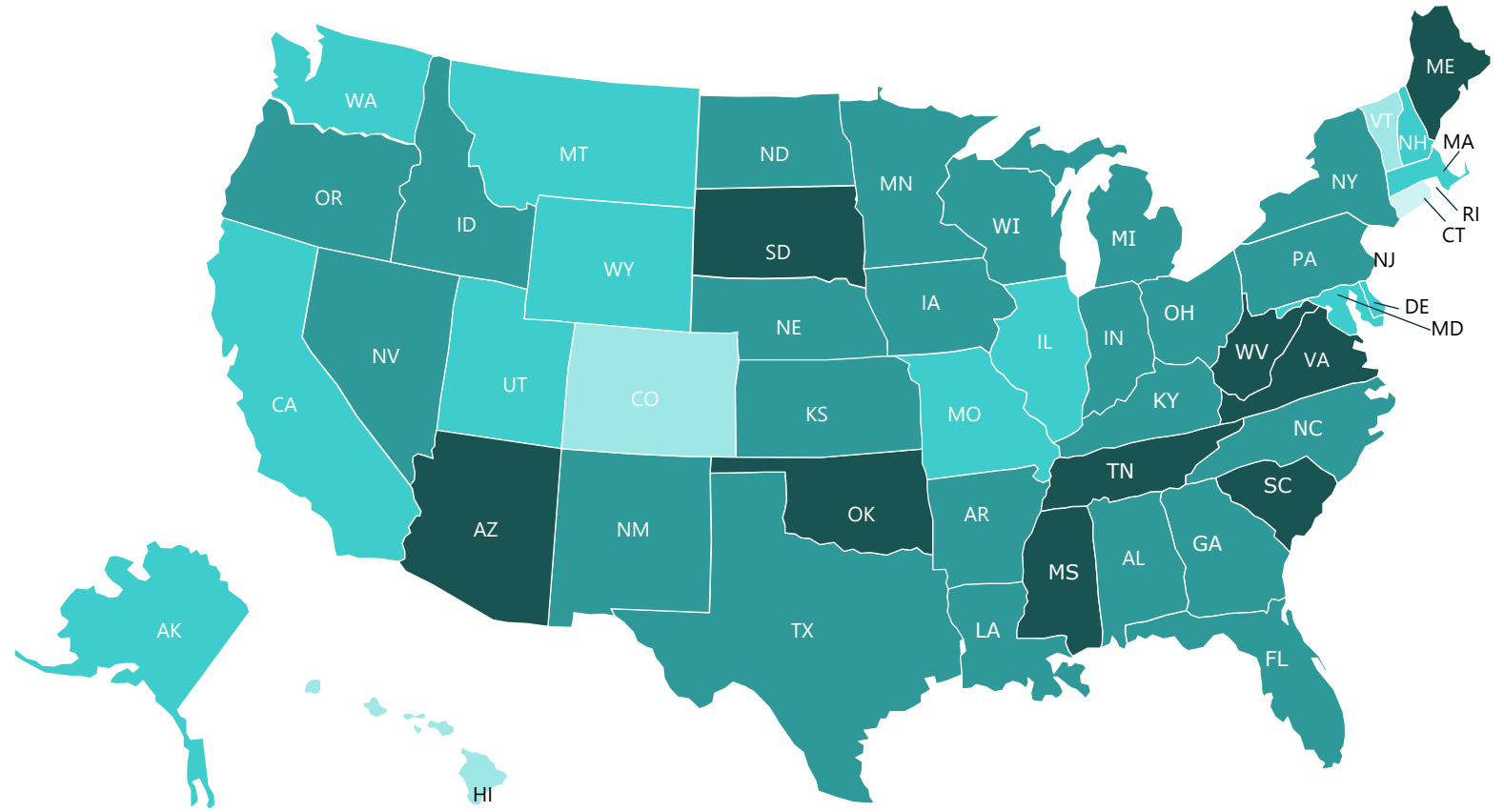


Source: The Chartis Center for Rural Health, October 2024



# Where are Diabetes Mortalities Highest in Rural America?

**Diabetes mortalities** in rural communities **are highest** in West Virginia, Virginia and Mississippi.



Rural percentile ranking for Diabetes Mortalities.

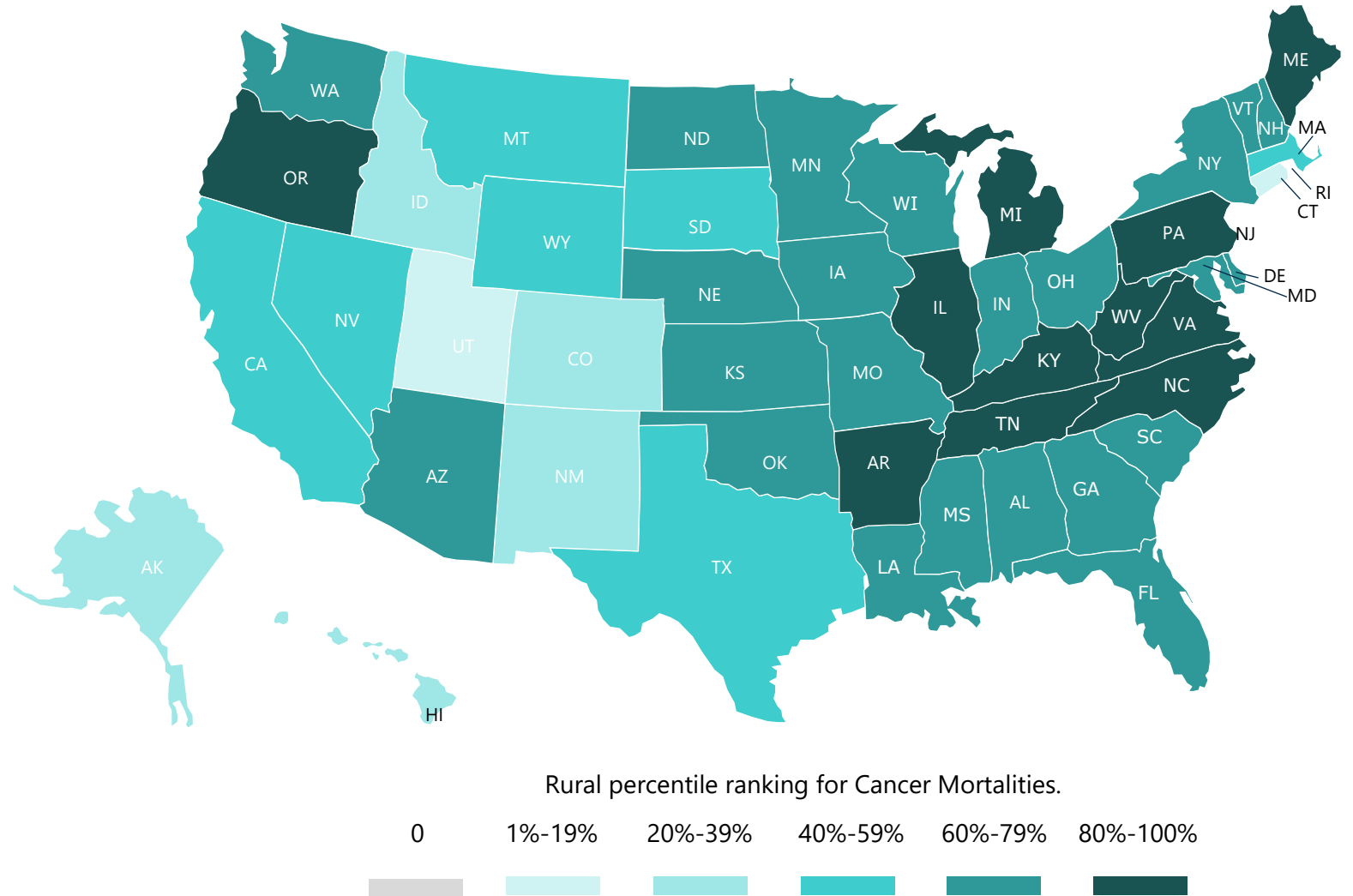
0 1%-19% 20%-39% 40%-59% 60%-79% 80%-100%



Source: The Chartis Center for Rural Health, October 2024

# Where are Cancer Mortalities Highest in Rural America?

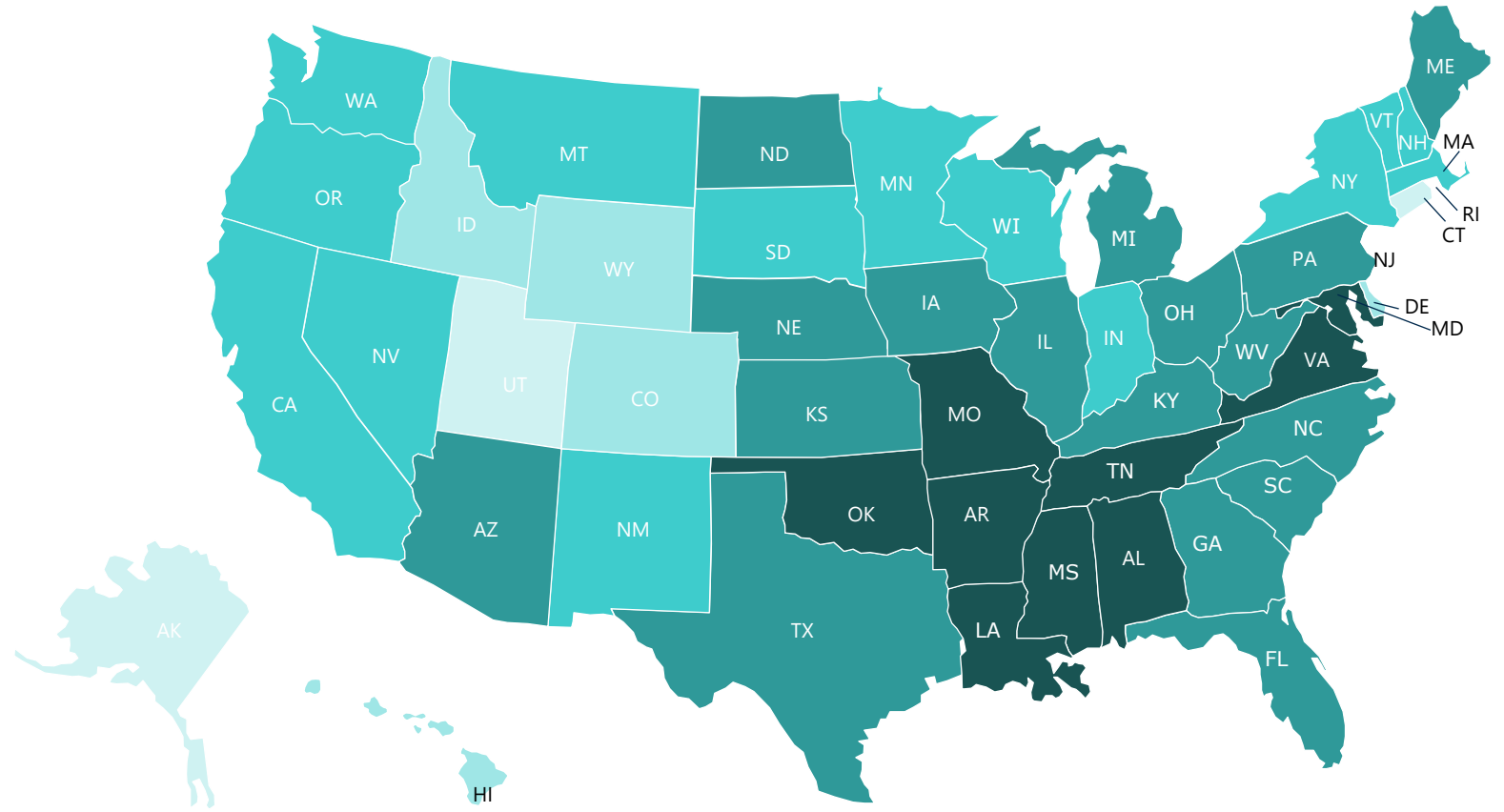
**Cancer mortalities** within rural communities **are highest** in Virginia, West Virginia and Maine.



Source: The Chartis Center for Rural Health, October 2024

# Where are Heart-related Mortalities Highest in Rural America?

**Heart mortalities** within rural communities **are highest** in Arkansas, Oklahoma and Alabama.



Rural percentile ranking for Heart-related Mortalities.

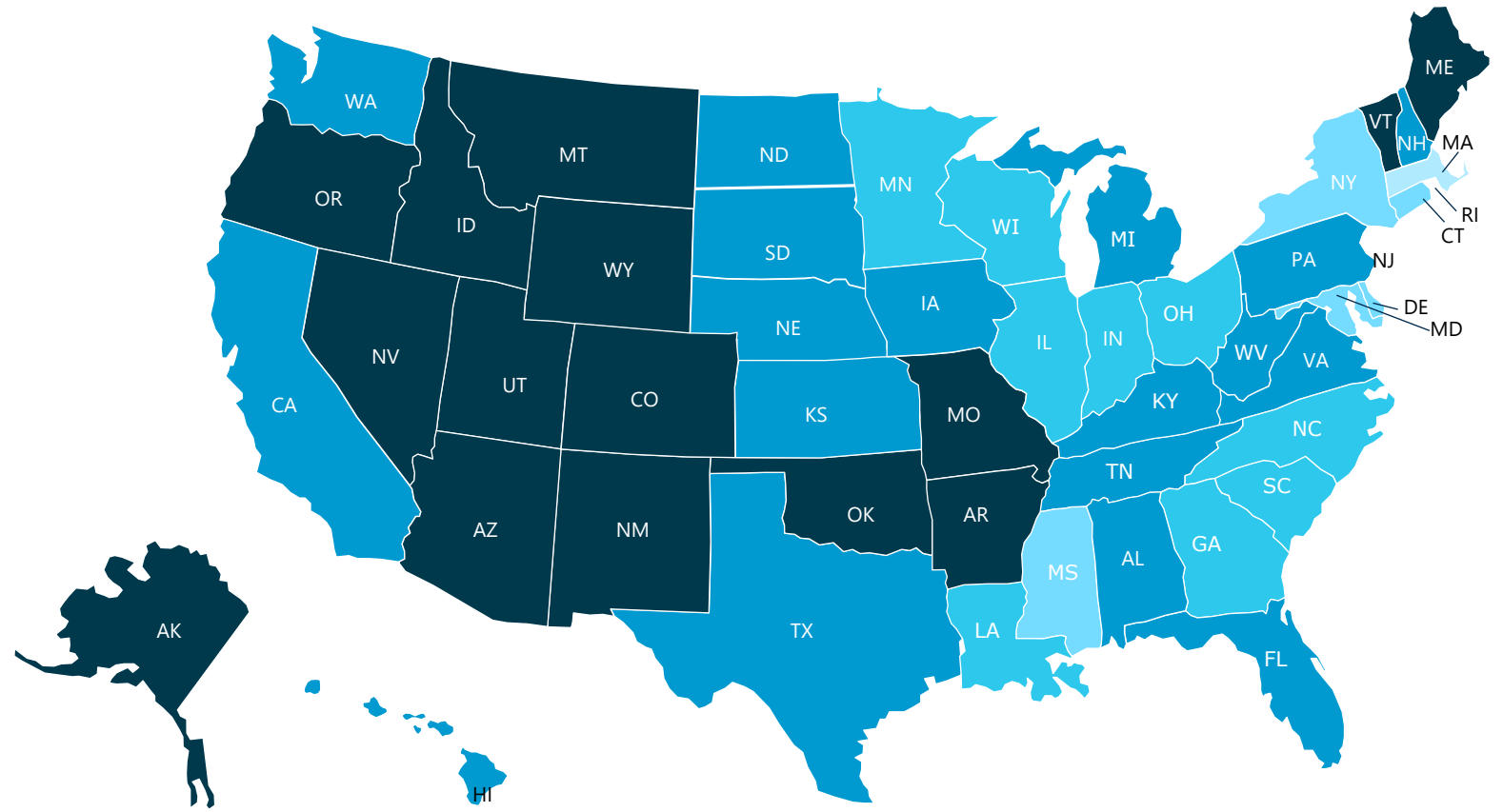
0 1%-19% 20%-39% 40%-59% 60%-79% 80%-100%



Source: The Chartis Center for Rural Health, October 2024

# Where are Suicide Rates Highest in Rural Communities?

**Suicide-related deaths** in rural communities are **at their highest** in Montana, Wyoming, and Arizona.



Rural percentile ranking for Suicide Deaths.

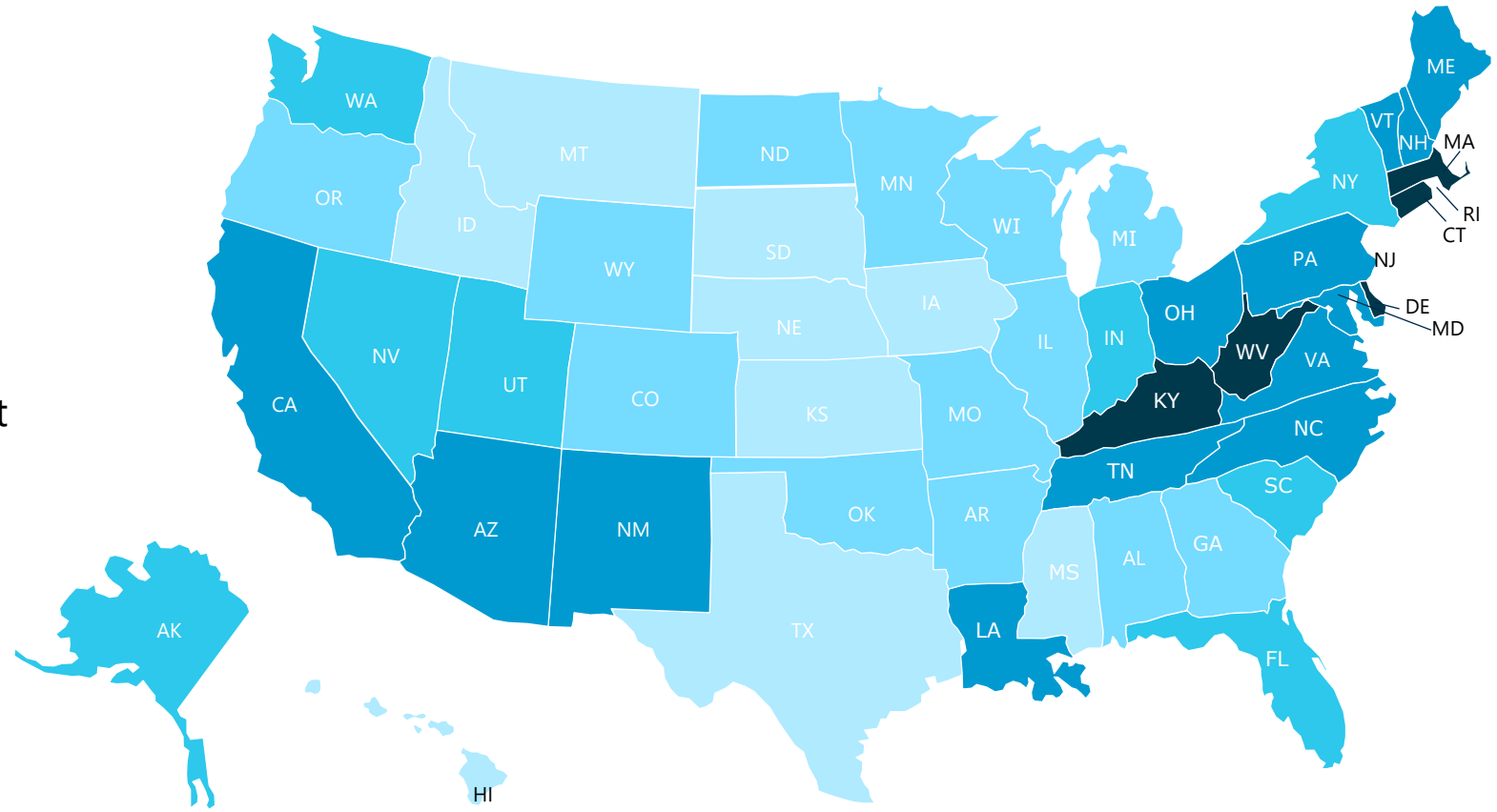
0 1%-19% 20%-39% 40%-59% 60%-79% 80%-100%



Source: The Chartis Center for Rural Health, October 2024

# Where are Drug Overdose Death Rates Highest in Rural?

**Drug overdose deaths** are **most prevalent** in rural communities in West Virginia, Delaware, Kentucky, and Connecticut.



Rural percentile ranking for Drug Overdose Deaths.

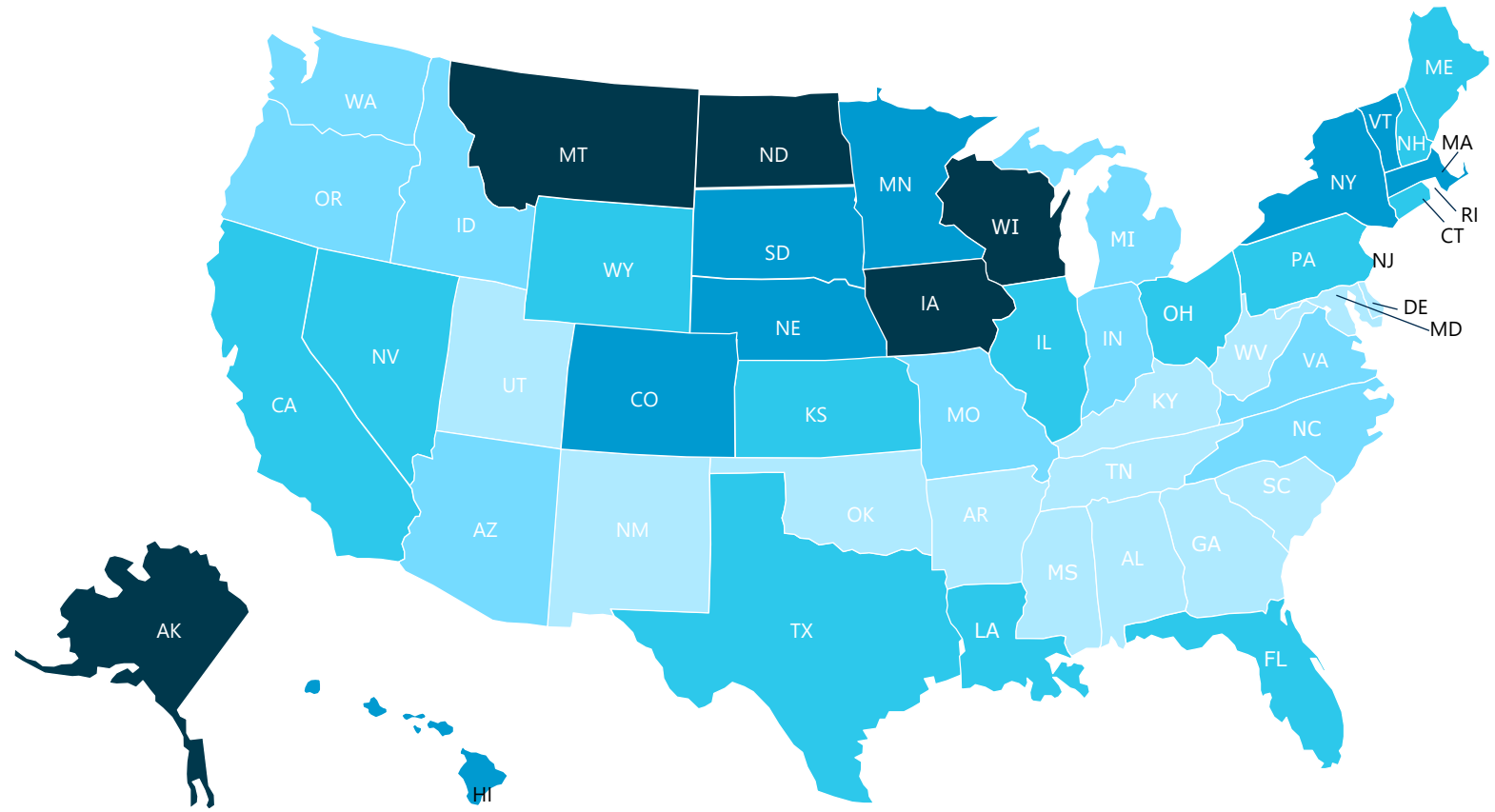
0    1%-19%    20%-39%    40%-59%    60%-79%    80%-100%



Source: The Chartis Center for Rural Health, October 2024

# Where are Excessive Drinking Deaths Rates Highest in Rural?

**Excessive drinking is most prevalent** within rural communities in Wisconsin, Montana and Alaska.



Rural percentile ranking for Excessive Drinking Deaths.

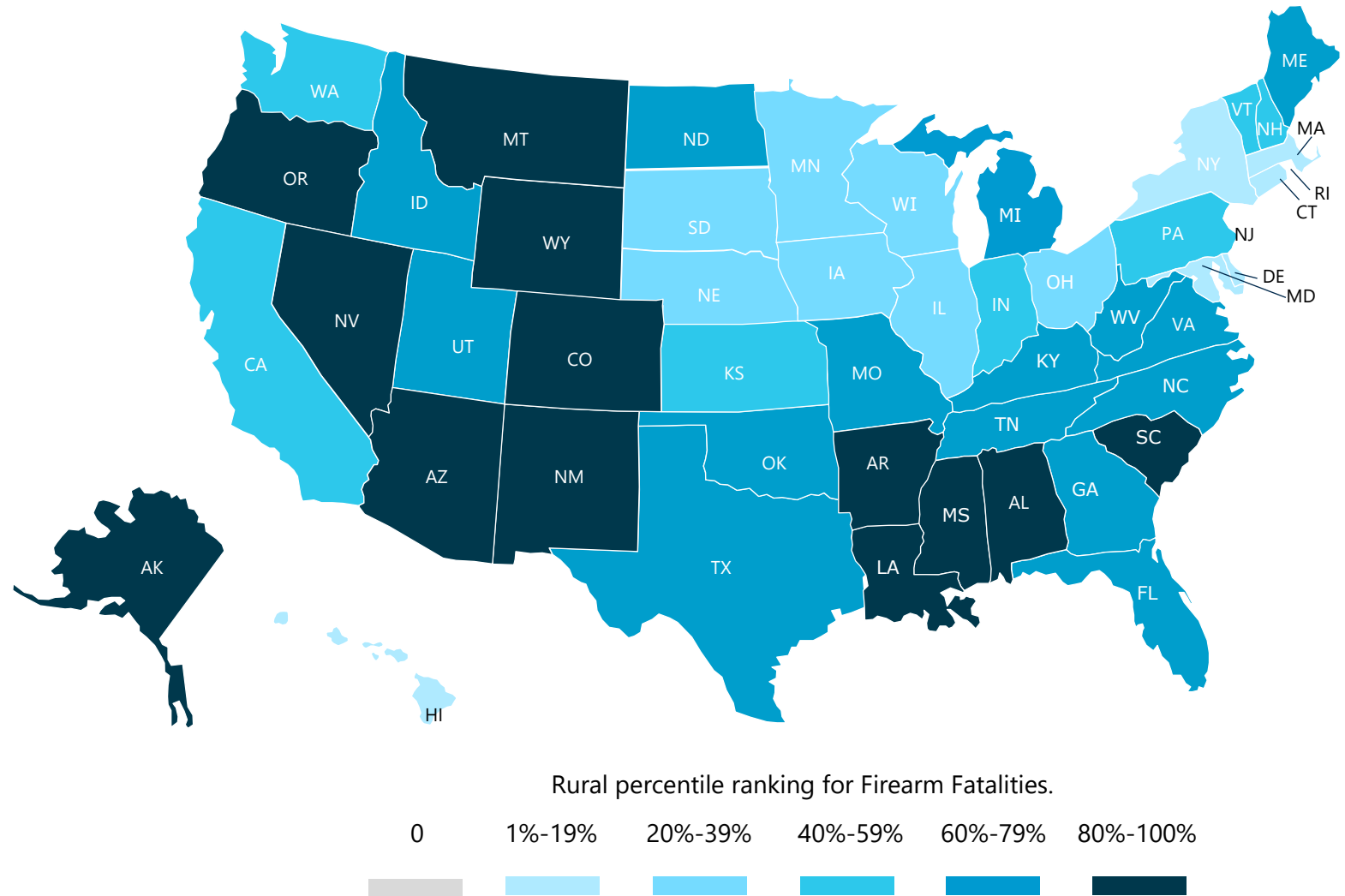
0    1%-19%    20%-39%    40%-59%    60%-79%    80%-100%



Source: The Chartis Center for Rural Health, October 2024

# Where are Firearm Fatalities Highest in Rural America?

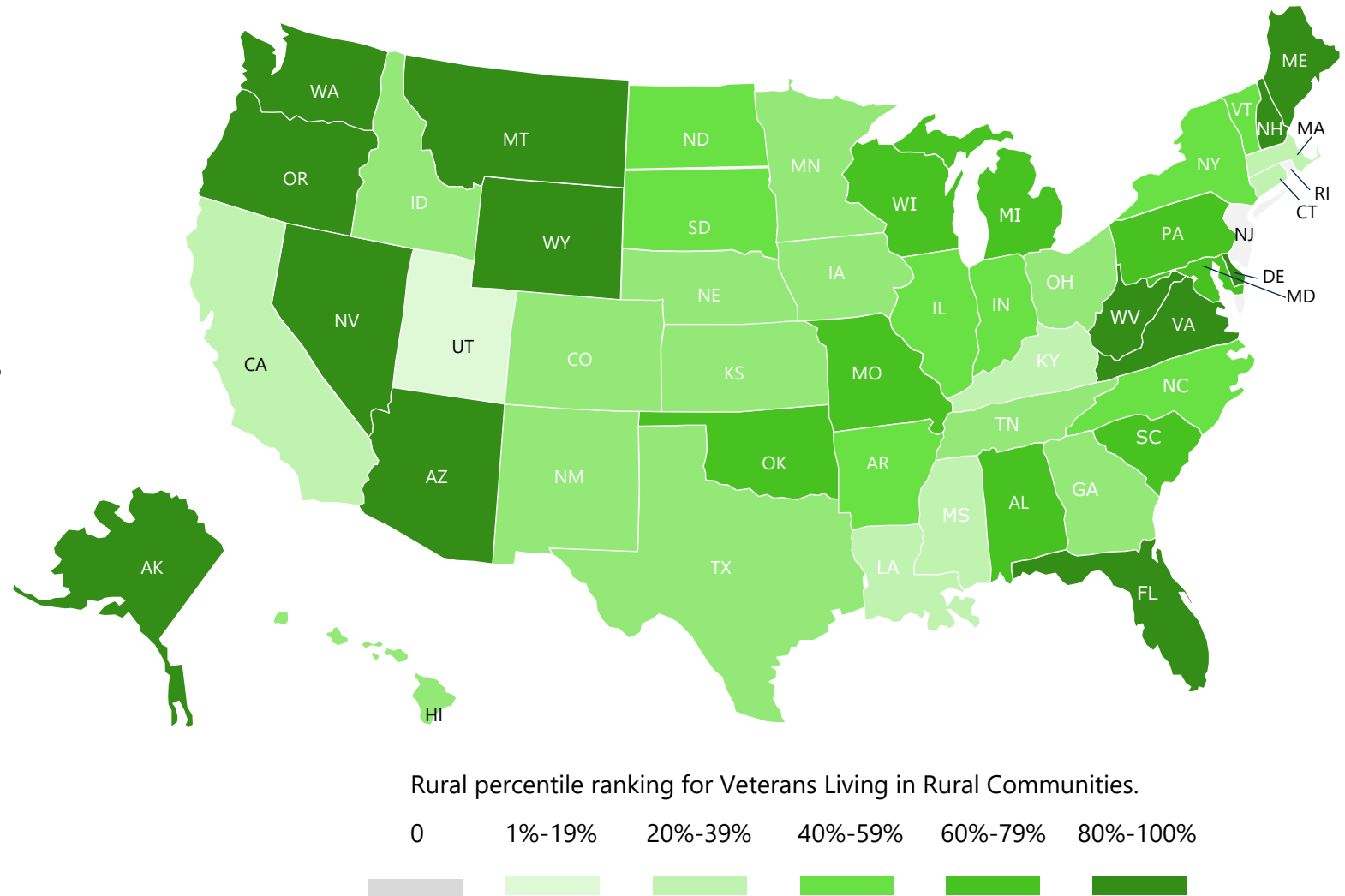
The **highest rates of firearms fatalities** in rural settings are in Mississippi, Wyoming, New Mexico, Nevada, and Montana.



Source: The Chartis Center for Rural Health, October 2024

# Which States have the Highest Concentration of Veterans Living in Rural Communities?

Arizona has the **highest concentration of veterans living in rural communities** followed closely by Maine, Wyoming, Arkansas, Oregon and Florida.

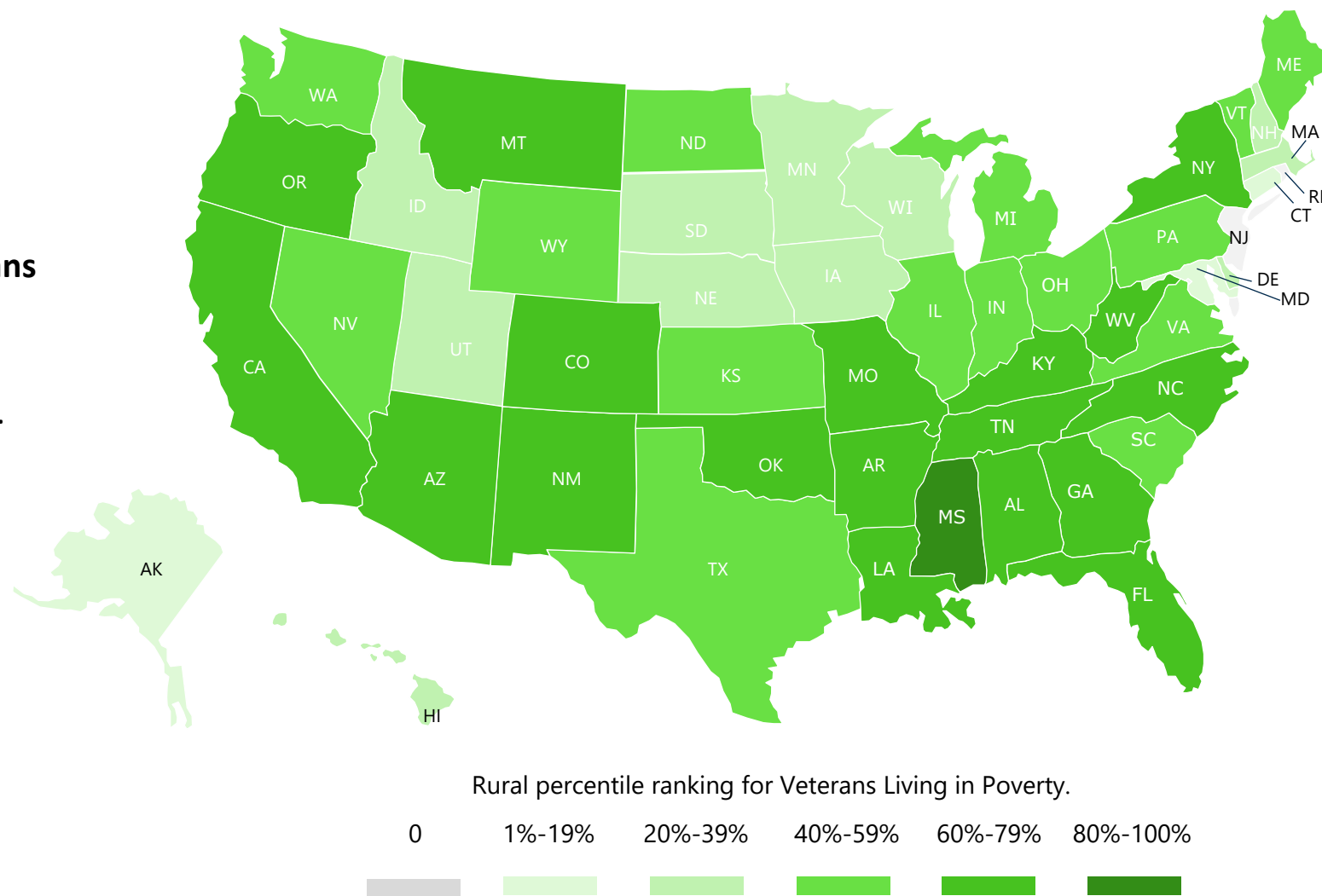


Source: The Chartis Center for Rural Health, October 2024



# Which States have the Highest Concentration of Veterans Living in Poverty in Rural Communities?

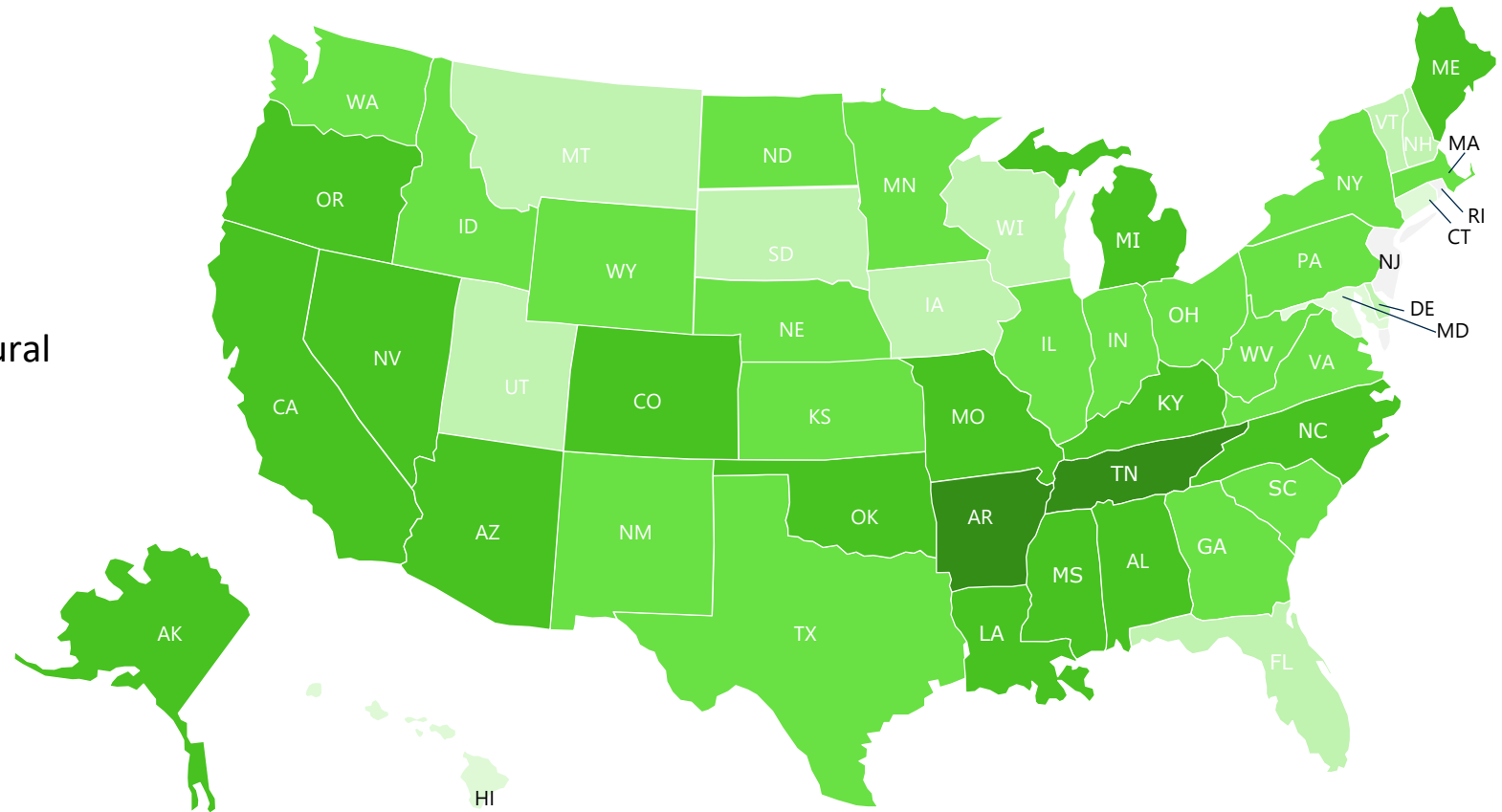
At the state level, the highest rate of **veterans living in poverty** in rural communities is in Mississippi. This is followed closely by Alabama, Mississippi, Oregon and Kentucky.



Source: The Chartis Center for Rural Health, October 2024

# Which States have the Highest Concentration of Veterans Living in Poverty with a Disability in Rural Communities?

Tennessee has the **highest rate of veterans living in poverty with a disability** living in rural communities. This is followed closely by Arkansas, Oklahoma and Oregon.



Rural percentile ranking for Veterans Living in Poverty with a Disability.

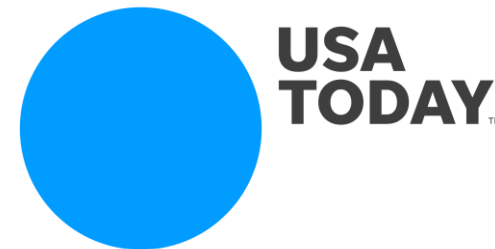
0 1%-19% 20%-39% 40%-59% 60%-79% 80%-100%



# Rural-relevant Analytics, Strategy & Advisory Services

At the Chartis Center for Rural Health, we deliver a rural-relevant framework through which leadership teams and frontline staff can better understand performance and initiate further clinical and financial improvement.

Our expertise and research has been featured in some in some of the nation's leading news outlets.



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